Social distancing works by reducing the number of people available to spread infection. If we all play our part, we can help maintain the health of the world!

**STAY HOME**
Healthy people can spread the virus without being sick.

**STAY CONNECTED THROUGH TECHNOLOGY**
Platforms like Skype and FaceTime can help you communicate with others while practicing social distance.

**AVOID PUBLIC SETTINGS AND RESCHEDULE GROUP GATHERINGS**
Limit shopping trips, social visits, play dates, and non-essential travel like vacations.

**KEEP YOUR DISTANCE**
It is recommended to maintain a distance of 6 feet between yourself and others.

**JUST ONE PERSON CAN MAKE A DIFFERENCE**